

How to Make A Bubble Bath at Home

by DARIA PATRUNJEL

For as long as I can remember, I've been a fan of bubble baths. A regular bath is nice, sure, it's relaxing and soothing; but bubbles are bouncy and fun, and they feel luxurious! Since I'm not such a big fan of store-bought bubble baths (both because of the price and because of the scents), I decided to make my own. Turns out it's easy and I had all of the ingredients in the house already!





You Will Need

- 🌸 ½ cup liquid soap
- 🌸 1 TB. honey
- 🌸 1 egg white
- 🌸 A few drops essential oil (optional)

To Make

Gather all the ingredients above and mix them in a clean container (you can use an empty one from other bath products like I did). You can customize the scent with different essential oils and even go for aromatherapy if you're inclined to. Shake the mix well before using, and pour it into the stream of running water in the tub. *

Note

You might think that an egg white doesn't belong in the bathtub. I would normally agree with you, but in this case it's mandatory to keep the bubbles longer. And don't worry! You won't be able to smell it or feel its gooey texture at all. But since we're using egg, which eventually goes bad, you should keep your bubble bath in the fridge between two uses.

Daria Patrunjel lives in Cluj Napoca, Romania, with a photographer/boyfriend and two cats. The four of them together make the blog Kittenhood possible, although she clearly does most of the work. To learn more, visit kittenhood.ro.