



Rona Keller



Rebel

WORDS BY ELLA WILSON

I received elegant stemware for my 21st birthday with the guidelines to reserve them for honorary occasions. Relics in my life have always been forbidden unless used for a holiday or a momentous celebration. I recently changed my mind about these valuable beauties lurking in my home. So, last night I made hot cocoa and poured it into a fancy bone china teacup. This act of indulgence felt like a portal as memories arrived. The moment was decadent. It felt like an expression of care — like an act of self-love.

Don't wait another day to celebrate ... get out the fancy, the delicate, the fragile, and enjoy. I poured milk in a fancy wine goblet the other night and my inner child laughed at me. I cheered my great-aunt who would have scolded me. The next day I used depression ware plates for dinner and filled a fancy crystal vase with some sunflowers. I felt encouraged to break more rules and I dare you to do the same. It is playful, zany, and fun.

"If you never did, you should. These things are fun, and fun is good."

-Dr. Seuss

This simple act has encouraged more rebellious behavior. I wear mismatched socks on purpose, I wrote my inner child a love note, and this evening I used a straw to blow bubbles in my glass of chardonnay.

If it rains, I will wear boots and jump in the puddles. Recently, we bought a new bed and, yes, I started jumping on it to break it in and had a pillow fight with my hubby. One night a week I eat dessert before dinner. If this is too extreme for you, be French and have cheese and fruit before your entree. I play my music louder these days and on occasion play ball in the house. »

*"Congratulations! Today is your day!"
-Dr. Seuss*

Living like this has invited more laughter and magic into my life. A friend asked me if I was having a mid-life crisis. I told her, "No, I am having a mid-life party and these playful acts remind me special is now."

"Today you are You, that is truer than true. There is no one alive who is Youer than You."

-Dr. Seuss

Ella Wilson is a mixed-media artist who loves to recycle, sees potential in everything, and often shares the chocolate she has been squirreling away. You can visit Ella's website at ellasedge.blogspot.com or her Etsy shop at ellasedge.etsy.com.



Guille Fangold