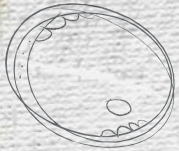


Monthly Journal Prompts

January

Celebrate the power of new beginnings.



February

Work with reds, pinks, and whites in a new or unusual way.

March

Embrace the beauty of imperfection.
Doodle until you fill an entire page.

April

Grab some junk mail and use the pieces to create something new.

May

Pick your favorite quote or song lyrics to decorate this month's page.

June

Create a page that uses a mantra or words of encouragement.

July

Let the weather inspire your next art journal page.

August

With summer ending, create a summer bucket list or list of your favorite summer memories.

September

Choose any object in your home and make it the inspiration for your page.

October

Celebrate the colors of fall and fall leaves.

November

Make a gratitude list.



December

Create a self portrait.

To see more inspiration and DIY projects, visit theshoppeatsomerset.com.

Show us what you made! Snap a photo of your finished project and share it on Instagram using #StampingtonMade for a chance to be a featured artist on @stampington!